



Charlevoix County News

April 7, 2016

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Ironton Ferry back in service April 15 following fire last fall

By Michelle Medjesky

IRONTON - The Ironton ferry that was seriously damaged by fire last fall has been repaired and is ready to embark upon another season transporting passengers 600 feet back and forth across the Ironton Narrows along the South Arm of Lake Charlevoix, just like it has every year since 1876.

Last October, a vehicle aboard the Ironton Ferry, officially named, "Vessel Charlevoix", caught fire and caused extensive damage.

According to U.S. Coast Guard officials, the fire occurred while the 50-foot, four-car cable ferry was moored to the pier on the east side of the Ironton Narrows. Firefight-

ers from Boyne City's Fire Department extinguished the blaze and no injuries were reported, however, damage to the ferry called for an early end to its seasonal run so it could be repaired.

Charlevoix Transportation Authority chairman John Drury said Irish Boat Shop in Charlevoix replaced the deck plating on the ferry and rebuilt its engine. Repairs were also required at the ferry's pilot house, he said, noting the more than \$95,000 in estimated costs are expected to be paid for by insurance.

Drury said the ferry will be back in the water and ready to rumble right on schedule April 15, much like it has every spring since about

1876.

Back then, the ferry was an 18 by 24 foot-long wooden scow which was pulled along by hand with a single half-inch cable, hauling mostly horses and wagons back and forth across the Ironton Narrows.

The wooden ferry was replaced by the current steel vessel in 1927 at a cost of \$12,000.

The ferry gained national attention in 1936 when "Ripley's Believe it or Not" gave mention to its long-time Captain Sam Alexander, who served as ferryman from 1900 until he died in 1948.

Ripley's extolled, "Sam Alexan-

See **FERRY**—Page 6A



The Ironton Ferry is repaired and ready to transport passengers 600 feet across the Ironton Narrows saving travelers a 20 mile-long road trip around Lake Charlevoix from Ironton to Boyne City. The fare for the 2016 season will be \$3.25 per vehicle and sheep won't likely be on board. The only "beasts" you're apt to see on the ferry these days will be an occasional family pet.

2015-16 Charlevoix County News' All-Area Boys Basketball "Dream Team"

Player of the Year, **Marcus Matelski**, Boyne Falls • Coach of the Year, **Darrin Weber**, East Jordan



The 2016 Charlevoix County News All-Area Boys Basketball "Dream Team". (L-R) Collin Bajko, East Jordan; Derek Willis, Boyne City; Shea Ross, Boyne Falls; Kevin Pearl, Charlevoix; Colton Sieradski, Boyne City; Tyler Drenth, Ellsworth; Jordan Weber, East Jordan; Marcus Matelski, Boyne Falls; Austin Putman, Charlevoix; Colin Petrie, East Jordan; Zeb Collins, Ellsworth; Andrew Campbell, Boyne Falls; Tanner Kruzel, Boyne City; Walker Drost, Charlevoix; and Thomas Brandell, East Jordan. (PHOTO BY GINDA SHUMAKER)

By Chris Fiel

CHARLEVOIX COUNTY -- The Charlevoix County area has been treated to some pretty good basketball over the last couple of seasons and this one was no different.

Area fans had the chance to cheer their own squads, as well as those of other area schools, following the end of their own team's tournament run.

While all of that was fun for each team and fan base to be a part of, each team had standout athletes that have set a higher standard for how the game was and will be player going forward. With that being said, the Charlevoix County News is proud to announce the 2015-16 All-Area Boys Basketball "Dream Team".

The 2015-16 honor of Player of the

Year goes to Boyne Falls senior, Marcus Matelski. Matelski is a multiple time All-Area selection as well as Player of the Year during the 2013-14 season.

Joining Matelski on this season's team, in school alphabetical order; Tanner Kruzel, Colton Sieradski and Derek Willis of Boyne City; Andrew Campbell and Shea Ross of Boyne Falls; Austin Putman, Walker

Drost and Kevin Pearl of Charlevoix; Jordan Weber, Colin Petrie, Collin Bajko and Thomas Brandell of East Jordan; and Zeb Collins and Tyler Drenth of Ellsworth.

For a complete story on this year's all-area team read the story that begins on the front page of our sports section in this paper.

East Jordan Area Chamber of Commerce to host 4th Annual Business District Open House

If you have ever thought of opening a business in East Jordan and need a space to rent or purchase, April 16th is the day to explore many of the vacant spaces available in the community. Stop by the East Jordan Area Chamber of Commerce and pick up a list of the featured places from 1:00 PM - 3:00 PM on the day of the event or after hours in the lobby of the Main Street Center. Owners of the buildings or realtors will be on site to give tours and answer questions. Here's your opportunity to secure a location and open your business in time for the summer season. For more information, contact the East Jordan Area Chamber of Commerce, 231-536-7351 or mailto:info@ejchamber.org

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weather

THURSDAY

**HIGH: 38
LOW: 21**
FRIDAY

**HIGH: 26
LOW: 15**
SATURDAY

**HIGH: 29
LOW: 11**
SUNDAY

**HIGH: 39
LOW: 32**
MONDAY

**HIGH: 42
LOW: 29**

snowfall

DATE	2014-15		DATE	2015-16
4/6/201553.5	ATLANTA	4/4/201664
4/6/201591	BOYNE FALLS	4/4/201688
4/6/201561.4	CHARLEVOIX	4/4/201675.6
4/6/2015106.8	EAST JORDAN	4/4/201694.7
4/6/2015134.8	GAYLORD	4/4/2016	..130.2
4/6/2015102.3	KALKASKA	4/4/2016	...140.3
4/6/201532.4	MIO	4/4/201669.9
4/6/2015111.7	PETOSKEY	4/4/2016	..129.3

record temps

DAY	AVG LOW	AVG HIGH	RECORD LOW	RECORD HIGH
APR 828°51°4° (1972)	...79° (1991)
APR 928°52°5° (1972)	...70° (2005)
APR 1029°52°14° (2007)	...78° (1955)
APR 1129°53°13° (1973)	...78° (1977)
APR 1229°53°13° (1975)	...80° (2006)
APR 1330°54°6° (1950)	...75° (1977)
APR 1430°54°18° (1975)	...81° (2003)
APR 1530°55°19° (1950)	...81° (2003)

OBITUARIES

Shirley Etcher (Nee LaVanway), 77

(APRIL 20, 1938 - APRIL 1, 2016)

Shirley Mae Etcher (Nee LaVanway) of Grandville, MI died Apr. 1, 2016 in Wyoming, MI. She was born on April 20, 1938 daughter of Elgin and Mae (Kenney) LaVanway and was the only sister of the 7 LaVanway brothers.

Shirley worked for the Boyne Falls Public Schools for 25 years as the business manager. She was a member of the First United Methodist Church of Grand Rapids as well as a former member of the Boyne City Presbyterian Church and East Jordan Presbyterian Church. Shirley was always active in church and her community by being involved in the Michigan School Business Officials, Boyne Valley Garden Club, Monday Study Club as long as Bridge Club.

On August 18, 1962 Shirley married Lyle Etcher who survives. They lived in East Jordan and Boyne City until moving to Byron Center to be closer to their grandchildren. She loved being a grandmother and spending time with them during family gatherings and during the holidays.

Shirley is survived by her husband Lyle Etcher of Grandville, children Thomas (Amy) Etcher of Grandville, Michigan and Lisa (Tony) James of Lexington, South Carolina, three grandchildren, and brothers Virgil



(Sharon) LaVanway of East Jordan, Robert (Jan) LaVanway of Boyne City, and Randy (Laurie) LaVanway of Central Lake.

She is preceded in death by her parents and 4 brothers, Dennis, Donald, Dale and Richard.

Funeral service was held Tues. April 5, 2016 at the Central Lake Chapel of Mortensen Funeral Homes. Interment will be in Dunsmore Cemetery, Echo Township.

Please sign her online guestbook at www.mortensenfuneral-homes.com.

Thomas R. Harrington, 84

Thomas R. Harrington of Fenton died Monday, March 28, 2016.

Thomas was born in Charlevoix, Michigan the son of the late Earl Thomas and Anne Gertrude (McDonald) Harrington.

Thomas married Shirley Shannon on February 20, 1952 in Georgia. He proudly served his country in the Navy during the Korean War.

Thomas retired from GM, Buick Engineering Plant 78 with 37 years of service. Mr. Harrington enjoyed working on cars, fishing and wood working.

Surviving are: wife, Shirley of Fenton; children, Gilbert (Kathleen) Harrington of Linden, Leisa Kaczmarczyk of Davison, Jeff (Mary) Harrington of Flushing, Lori (George) Stevenson of Fenton; grandsons, Jeffrey Harrington II of Rankin, Chris Harrington of

Flushing; sister, Sally (Roy) Whitley of Petoskey, Michigan; brother, Richard Harrington of CA; several nieces and nephews.

The family would like to extend a special thank you to Regency of Grand Blanc and McLaren Hospice for their love and devotion.

Therese V. Skoczylas, 88

(JAN. 26, 1928 - MARCH 26, 2016)

Therese Veronica (Droszcz) Skoczylas formerly of Cross Village and Cheboygan, passed away Saturday, March 26, 2016, at her home in Charlevoix.

Therese was born January 26, 1928, in Chicago, Illinois, the daughter of John and Julia (Prezposki) Droszcz.

Therese married Andrew James Skoczylas in Chicago, Illinois on March 7, 1946, and they moved to Cross Village, Michigan where they lived for 40 years. They moved to Cheboygan, Michigan in 1986 where they lived for 10 years, and her husband passed away in 1995. She then moved to Charlevoix, Michigan where she lived with her daughter and son-in-law, Theresa Bernadette Heise and Clarence Heise until her death.

She was a member of the Cross Village School Board and drove the Cross Village School Bus for a number of years. She also worked for the A&P in Harbor Springs, Michigan.

Therese was preceded in death by her husband Andrew; son, Melvin; daughter-in-law, Patricia Louise (Keller) Skoczylas; her par-

ents, John and Julia Droszcz; grandson, Baby Skoczylas; three sisters, Loretta (Droszcz) Cousins, Veronica Droszcz, Marcella Droszcz; and, her brother, John Droszcz.

Therese's survivors include her daughter, Theresa Bernadette (Clarence) Heise; her son, Andrew John Skoczylas; nine grandchildren; and eight great grandchildren. Therese also has four adopted great-grandchildren.

Services were held April 2, 2016 at Holy Cross Church in Cross Village.

Since Burial cannot be before the 1st of May, we suggest that Mass Donations can be made at the Church in lieu of flowers at this time.

Barbara Josephine Omland, 64

(OCT. 12, 1951 - MARCH 29, 2016)

Barbara Josephine Omland, 64, formerly of East Jordan, passed away peacefully on Tuesday, March 29, 2016, at her home near Charlevoix.

She was born on October 12, 1951, in Grand Rapids, Michigan, the daughter of Richard and Mona (Basso) Fisher. Barbara graduated from Seaholm High School in Birmingham, Michigan in 1969, and received her Bachelor's Degree in Psychology from Michigan State University in 1973.

On October 27, 1973, she married Robert Omland in the M.S.U. Chapel in East Lansing. They made their home in Grand Rapids until 1973, when they moved to East Jordan. They owned

and operated the Jordan Valley Trout Farm on M-66 near East Jordan for seventeen years. They moved to Charlevoix in 1992.

Barbara loved her children and loved spending time with them. She also enjoyed dancing and country music.

She is survived by her husband, Robert Omland of Charlevoix; three children, Ross Omland of Palatine, Illinois, Forrest (Rochelle Weber) Omland of Grand Rapids, and Sonja (Chris) Bouse of Fairbanks, Alaska; one sister, Theresa Hamilton of Pinckney, Michigan; and one brother, Michael (Leona) Fisher of Red Bluff, California.

She was preceded in death by her parents.

No services are scheduled at this time. Arrangements were handled by the Penzien Funeral Homes, Inc. in East Jordan. Condolences may be given at www.penzienf.com.

Kenneth Conrad Isaman, Jr. 94

(JULY 13, 1921 - APRIL 4, 2016)

Kenneth Conrad Isaman, Jr. of Gaylord and formerly of East Jordan, died Monday, April 4, 2016, at Tendercare of Gaylord.

He was born on July 13, 1921, in New York, the son of Kenneth Conrad, Sr. and Teresa (Burbank) Isaman. He grew up in East Jordan and graduated from East Jordan High School in 1939.

On April 2, 1944 in East Jordan, he married Helen E. Whiteford. She preceded him in death on March 18, 2008.

He enjoyed trout fishing, hunting, mushrooming and yard work.

Kenneth is survived by three children, Darcy (Sandra) Isaman of Clawson, Gary Isaman of Gaylord and Vicki (Dan) Caldwell of Richmond; five grandchildren, Angela (Danny)

Tomaszewski of Clinton Township, Jamie (Eric) Pyke of Shelby Township, Megan (Norman) McGarry of Milford, Justin Caldwell of Sault St. Marie and Jenna Wolf of Richmond; six great grandchildren, Brianna Tomaszewski, Evan Pyke, Claire Pyke, Cora McGarry, Evelyn McGarry, and Rowan Wolf; and one sister-in-law, Ann Doty of Grayling. Kenneth was also preceded in death by his parents and two sisters, Frona Bowman and Dolores Hanson.

Funeral services will be held on Friday, April 8, 2016, at 7:00 P.M. at the Penzien Funeral Homes, Inc. in East Jordan. Elder Ann Doty of the Community of Christ Church will officiate. Interment will be in Sunset Hill Cemetery, East Jordan.

The family will receive friends on Friday from 3:00 P.M. until service time at the Penzien Funeral Homes in East Jordan. Memorials may be given to the save the strays program called "Friends For Life", c/o The Otsego Animal Shelter, PO Box 1596 Gaylord, MI 49734.

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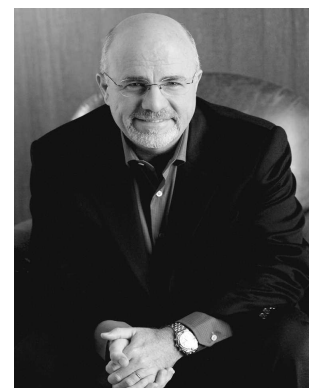
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DAVE Says



Dave Ramsey

(Selling sentimental stuff)

Dear Dave,

How do you decide whether or not to sell collectible memorabilia when you're getting out of debt?

William

Dear William,

In most cases, there's a pretty wide spectrum of emotional involvement when it comes to this sort of stuff. I mean, there's a big difference between having a baseball signed by Mickey Mantle from a day that you and your dad met Mickey at the stadium, and buying a baseball a few years ago that he autographed and seeing it has gone up in value.

With the first, I'd be tempted to tell you to keep it unless you're literally about to lose everything. In it, you have a deep, emotional connection — a personal story about you, your dad and one of the greatest baseball players of all time. It was a sentimental, once-in-a-lifetime kind of thing. In the second case, it's just a purchase you made as a hobby. That kind of thing can go without a whole lot of thought. If what you own doesn't have some kind of deep sentimental and emotional connection to family or a major life event, then it's just stuff.

I hope this helps a little, William. There's nothing wrong with having some nice things. But there's a big difference between you having things and your things having you. Never let "stuff" stand between you and your family's sense of security and financial well-being!

—Dave

(Speeding ticket emergency)

Dear Dave,

Recently, I got a speeding ticket. I'm also following your plan, so I was wondering if a speeding ticket is a good reason to dip into my emergency fund.

Ariel

Dear Ariel,

Well, it depends. Certainly you have to pay the ticket. In most states you could lose your driver's license for not paying a speeding ticket. You'd have a real emergency then, wouldn't you?

I would advise looking at the situation this way: what is the amount of the ticket in relation to your income and overall financial health? If the ticket is \$100 and you make \$200,000 a year, then stop worrying and pay the ticket. But if you got slapped with a \$300 ticket and you only make \$20,000 a year, then that could be an emergency.

If you can cash flow it out of your budget, then leave the emergency fund alone. If not, then dip in for just enough to pay the fine and replace the amount as quickly as possible. I mean, you've got to get it paid, right?

That's an interesting question, Ariel. I'm glad you're working to get control of your money. Just remember to slow down a little when you're behind the wheel!

—Dave

(Just be honest)

Dear Dave,

I took a new job less than a month

ago. Just the other day, I was recruited by a huge company for the same position that pays twice what I'm making now. I didn't apply for the job that was offered; they came directly to me. I didn't sign a contract or promise to work a certain length of time with my current employer, but they're good people and I want to do the right thing and handle things well. Do you have any advice?

Jeff

Dear Jeff,

In situations like this I always try to put on the other person's shoes. Let's pretend you own the company and you just hired a young guy. A few weeks later, someone comes in out of the blue and offered him double what he's currently making. I can tell you what would happen here. I'd tell him to take it. I mean, I would. And as an employer I'm certainly not going to double his income that quickly.

I think you take the job. Just walk into your leader's or supervisor's office and tell the truth. Lay it all out there, and let them know that while you feel awful about the situation, you had no intention or misleading them or causing problems, but you simply can't pass up the opportunity. Be sure to show an extreme amount of gratitude, and promise to do everything possible to make the transition as easy as possible.

Truthfully, if an organization cares about its team members, and one of those has the ability to double their income and they're not breaking a promise in the process, this type of scenario is perfectly reasonable. It may be a little uncomfortable for you—and inconvenient for them for a while—but they can't realistically expect you to pass up the opportunity to double your salary.

You're a good man, Jeff. Congratulations!—Dave

*Dave Ramsey is America's trusted voice on money and business, and CEO of Ramsey Solutions. He has authored seven best-selling books. The Dave Ramsey Show is heard by more than 11 million listeners each week on more than 550 radio stations and digital outlets. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

News

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Charlevoix Police Department named Chamber Business of the Month

The Charlevoix Area Chamber of Commerce has named the Charlevoix Police Department as their "Business of the Month." This monthly recognition of active Chamber members honors the selected organization's exceptional support to and involvement in the community. Congratulations to the Charlevoix Police Department and their steadfast, 24-hour a day, seven days a week commitment to keeping Charlevoix safe.



ABOVE: The Charlevoix Police Department line up for a photo recently at City Hall in Charlevoix after receiving an award of excellence from the Charlevoix Area Chamber of Commerce as business of the month. (from left) officer James Schlappi, officer Jason Traeger, officer Matt Umulis, police/fire chief Gerard Doan, officer Barbara Orban, officer Andrew Flickema, administrative assistant Kim Matelski and deputy police chief Scott Hankins. PHOTO BY M. CHRIS LEESE



LEFT: Police/fire Chief Gerard Doan of Charlevoix was first hired as a parking meter enforcement officer at the age of 18. He was lifeguard four years while getting his bachelors of science degree in criminal justice law in 1985 from Lake Superior State University. Chief Doan first worked at the sheriff's department under George Lasater, then was hired by the late police chief Jack Mol in 1986 as a patrolman for 20 years. Doan has been police chief 10 years and for the past year and a half, serves the combined job of police and fire chief, 36 years total, serving Charlevoix. PHOTO BY M. CHRIS LEESE

2016 Crime Victim Rights Week Serving Victims. Building Trust. Restoring Hope.

Every year, millions of lives are impacted by crime. Victims may need ongoing care and resources as they return to work, pay bills, or support their loved ones. April 10-16 is National Crime Victims' Rights Week. A time to celebrate progress, raise awareness of victims' rights and services, and stand with our families, neighbors, friends, and colleagues whose lives have been forever altered by crime. Reach out, listen, and support them as they recover on their own terms. (NCVRW)



April 10-16 is National Crime Victims' Rights Week. A time to celebrate progress, raise awareness of victims' rights and services, and stand with our families, neighbors, friends, and colleagues whose lives have been forever altered by crime. FILE PHOTO

The Otsego County Prosecutor's Office encourages all victims of a crime to come forward. The first step is filing a report with local law enforcement. The Crime Victims' Rights Act created comprehensive rights of notification and participation in all stages of the criminal justice process for crime victims; to ensure that crime victims are treated with fairness, dignity, and respect.

"In addition to providing for better communication with victims and their families and making the criminal justice process less confusing and onerous, it is worth noting that provisions of our Crime Victims Rights Act also assist in providing an avenue for victims to obtain reimbursement for certain out-of-pocket expenses wrongfully incurred by victims as a result of a defendant's criminal activity, thus more fully serving the interests of justice." - Michael Rola, Otsego County Prosecutor.

More and more, we are recognizing the lifelong implications of childhood experiences. Of children

who have been victimized, almost two-thirds (64.5%) have been victimized more than once in their lifetime. These repeatedly victimized children are at an increased risk for adversity and distress, which is why we need comprehensive victim-centered assessment and care. Without this, many of these children will be further victimized or go on to commit crimes themselves, continuing the victim-perpetrator cycle. In order to prevent future victims, service providers must work together to address the effects of polyvictimization now. (NCVRW)

The Otsego County Prosecutor's Office Victim Advocate will have a booth at the 2016 Otsego Area Family Fun Fair held on April 23rd in Gaylord. Please stop by to receive information for you and your child regarding crime victims' rights.

Charlevoix County Victims Advocate; Libby Mikulski, (231) 547-7207, mikulskil@charlevoix-county.org. For additional information, please visit www.victimsofcrime.org

In celebration of Native Peoples Exhibition

The Charlevoix Circle of Arts will open its next exhibit on Friday, April 15th from 5-7pm. The theme of this provocative new exhibition is an exciting blend of "first peoples" from around the world. Entitled "In Celebration of Native People" exhibits chairperson, Todd Warner along with the committee has curated a unique collection of native artifacts that tell a story of people from cultures in Africa, Central America, South America, New Guinea and beyond.

Also represented are works from local Anishinaabe artisans that will be supported by a compelling presentation by the Armchair Theater of the Circle of Arts on Sunday May 1 from 6-8 pm representing storytelling, music and dance of the Anishinaabe culture. The exhibition will give you a glimpse into the

artistry of native craft and how it couples with traditions to define diverse heritages around the world.

The community is encouraged to join the Charlevoix Circle of Arts and they gather to appreciate the uniqueness of different cultures and witness how creation and expression is a universal language. Both the opening reception and the theater presentation is free and open to the public. For more information please visit the Circle at 109 Clinton Street, Charlevoix, MI, phone at (231) 547-3554 or go online to: www.charlevoixcircle.org

PHOTO: African Tribal Headdress from the collection of Paul Weston. COURTESY PHOTO



Local florist wins at Great Lakes Floral Expo

Angela Christie, a Certified Florist at Boyne Ave Greenhouse, recently competed at the Great Lakes Floral Expo in Grand Rapids, Michigan. Angela placed TOP 5 in the "Designer of the Year" competition, received the "Chuck Bannow Award" for "Overall Best in Show" and she also won First Place in the Professional Division Design Contest for Bridal Bouquets. COURTESY PHOTO



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Open House, Mio and Fairview
March 26, 10am - 4pm

Details online at www.michiganmapleweekend.com

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CHARLEVOIX BASEBALL SEASON OPENING DAY OPEN HOUSE

April 8, 1-4pm, American House, 615 Petoskey Avenue. cordially invited to join your friends at American House Charlevoix in our 'Anytime Cafe' for our "Take me out to the ballgame" Open House. Enjoy hot dogs, peanuts, popcorn and beverages and watch the Detroit Tigers take on their opening day opponent, the New York Yankees at 1:08 pm. This event is free and open to the public.

EAST JORDAN BACKYARD CHICKEN PROCESSING

April 9, 9:30am-12:30pm, Martha Wagbo Farm & Education Center. Jen Lewis will demonstrate the basic techniques step by step from feather to fork, applicable to any type of poultry or fowl. As a participant, you will personally go through the process yourself with a "stewing chicken" from the resident layer flock. You'll take your dressed bird home along with recipes and tips for preparing them perfectly for the table. \$20-\$40 (sliding scale). Pre-registration required, space is limited. Call 231-536-0333, email info@wagbo.org or find us on facebook to register or for more information.

CHARLEVOIX ORV CLASS

April 9, 9am-3pm, Charlevoix County Sheriff's Office, 1000 Grant Street. Pre-registration is preferred but not required. Contact Genna Gauthier at (231) 547-4461 for further information.

BOYNE CITY BECOMING DEBT-FREE/FIRST TIME HOMEBUYER SEMINAR

April 11, 5:30pm, Boyne District Library. The seminars are separate but are being held back-to-back. Primerica representative Jerry Essex will teach you the fundamental concepts that have helped many clients build financial security. Jeff Wellman, broker/owner of RE/MAX Resort Properties, will share his 30 years of experience. Both seminars are free. Reservations are appreciated but not mandatory. Refreshments will be provided. To reserve your space or for further information contact Jerry Essex at (844) 457-8510 toll-free or jesssex@primerica.com, or Jeff Wellman at 231-582-1100, jeff@lakecharlevoix.com.

BOYNE CITY GROW YOUR BUSINESS WITH EMAIL AND SOCIAL MEDIA

April 14, 8-9:30am, Boyne District Library Community Room. Many small businesses and organizations find themselves seeking the right strategies, tools and tactics to make their marketing efforts as effective as possible. This session will show you how to make the most of the combination of email and social media for your business. When the session is done you'll have a greater understanding of marketing basics like goals and objectives. Admission is free for members of any Northern Michigan chamber and \$10 for non-members. Registration is required. Here is the link for more information and registration <http://conta.cc/1RgAVrU>. Co-

sponsored by East Jordan and Boyne City Chambers.

BAY HARBOR YOUNG PROFESSIONALS DEVELOPMENT EVENT

April 14, 5:30-6:30pm, Inn at Bay Harbor, 3600 Village Drive. Free educational event geared to help personal and professional development. "Getting the Mustard Right" and is presented by Susie Johnson, a former Young American and a Television Production Coordinator who worked for Paramount Pictures Television Production for 30 years. Her credits include TV shows such as Cheers, Bob Newhart Shows and Girlfriends. Johnson will provide insight and tips on how to keep it classy in the work force, keep your ego intact, and how to always get the mustard right in business and in life. Thanks to the generous sponsorship of BOYNE, there is no cost to attend. Advance registration is required, please call 347-4150. Networking starts at 5pm.

ELLSWORTH KINDERGARTEN ROUNDUP AND REGISTRATION

April 14, 3-7pm, Ellsworth Elementary School. We would like to invite parents of all upcoming Kindergarten students for the 2016/17 school year to stop by and see what makes Ellsworth Elementary such a special place to be.

ELLSWORTH APPLICATIONS FOR TUITION FREE PRESCHOOL

April 14. Ellsworth Community School will be taking applications for our tuition free pre-

school for the 2016/17 school year. Parents must call (231) 582-8070 to make an appointment.

EAST JORDAN BLOOD DRIVE

April 15, 8:30am-1:15pm. East Jordan High School, 101 Maple Street. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

BOYNE CITY KIDS' NATIONAL LIBRARY WEEK OPEN HOUSE

April 16, 3-5pm, Boyne District Library. Drop in for games, face painting, magic tricks, and a coloring craft. The winners of the Boyne District Library's National Library Week Bookmark Contest will be recognized during this event. All ages welcome; no registration necessary. Questions? Contact Helene Ivie (231) 582-7861 or ivieh@boynelibrary.org.

BOYNE CITY THE GLCO BRASS AND WOODWIND ENSEMBLES

April 17, 4pm, First Presbyterian Church, 401 South Park Street. Bring your friends and family to enjoy unforgettable sounds from GLCO's April Sunday Series ensemble that will brighten your day! Performance includes sounds from Mozart, Milhaud, Joplin, Scheidt/Jones, Van Vactor, Hindemith, Renwick and Gottschalk. A free will donation will be taken at the door. This program is made possible due to generous support provided by Carolyn Klender. For more information, please contact the Great Lakes Chamber

Orchestra office at (231) 487-0010.

EAST JORDAN PRESCHOOL OPEN HOUSE

April 19, 4:30-6pm. East Jordan Elementary School. Come visit and explore three great options for your preschooler.

ELLSWORTH PRESCHOOL AND KINDERGARTEN ROUND UP

April 19, 5-7pm, Ebenezer Christian School, 9541 White Street. Preschool programs for three full days or three half days. Kindergarten program is five full days. Accepting enrollment preschool through 8th grade. (231) 588-2111.

CHARLEVOIX ENHANCED CHAMBER BUSINESS AFTER HOURS

April 20, 5-7pm, The Bistro at Charlevoix Country Club. This event will include an elevated selection of hors d'oeuvres, cash bar, displays from member businesses, multiple door prizes, games and much more. We are taking it to the next level with the April Business After Hours and hoping to make it the standard for the future. Cost for the event is \$5/members (and YES, you can use your First Friday Business Breakfast punch cards) and \$15/non-members. The event is Co- Hosted by the Bistro at the Charlevoix Country Club and Berkshire Hathaway HomeServices.

EAST JORDAN EJ ELEMENTARY KINDERGARTEN ROUND-UP MEETING

April 21, 5:30pm, District Board Room at Elementary School. Kindergarten round-up parent meeting. We welcome all children who will be age 5 on or before December 1, 2016. Meet staff members, Receive materials to make your child's kindergarten year successful, Learn about school policy and procedures. Childcare will be provided. Call (231) 536-7564 to make appointment for your child and for more information.

CHARLEVOIX LOST IN STORYLAND WITH VILLAGE PUPPETEERS

April 22, 3:45-5pm, Charlevoix Library Community Room. Those who think puppet shows are for babies had better guess again. In a raucous comic romp, internationally acclaimed puppeteers riff on classic fairy tale characters. This is a show perfect for school age children, with plenty of humor for adults. 3:45pm snack, 4pm show. Free event for all ages.

EAST JORDAN FULL MOON FEAST

April 22, 6pm, Martha Wagbo Farm & Education Center. Wagbo hosts a potluck meal each Full Moon, celebrating traditional, land-based cooking immersed in the rhythm of the seasons. This moon cycle is frequently known as the Egg Moon. The Full Egg Moon falls on Friday, April 22. After the potluck feast, Wagbo hosts an open mic - a "Show & Tell" for stories, poems, songs, dance, etc. - original or otherwise. FREE. Call 231-536-0333, email info@wagbo.org or find us on facebook to RSVP or for more information.

BOYNE CITY 50'S PARTY

April 23, 6pm-12am, Eagles Hall. Northern Michigan Cancer Crusaders Rock Around the Clock. Twist Contest, Celebrity Performers, Prizes, Cash Bar, Silent and Ticket Auction. Food available. Music by TNT & Tim's DJ Service. Come dressed as a 50's/60's personality for a chance to win a prize. \$6 donation. For more info call Gail Farley at (231) 582-2424.

EAST JORDAN BUILD A BENCH

April 23, 10am-3pm, Martha Wagbo Farm & Education Center. Build your very own simple, durable and comfortable bench to relax on and enjoy all summer long and for years to come. No woodworking experience necessary. Come for the morning session (10AM to 12:30PM) if you are interested in portable sawmill demonstration/ operation. In the afternoon session (12:00 to 3PM), we will build the actual benches with the dimensioned lumber from the morning. You may attend only in the afternoon or all day. \$25-\$50 (sliding scale). Pre-registration required, space is limited. Call 231-536-0333, email info@wagbo.org or find us on facebook to register or for more information.

BOYNE CITY BLOOD DRIVE

April 25, Noon-5:45pm. St. Matthew Catholic Church, 1303 Boyne Avenue. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

CHARLEVOIX BLOOD DRIVE

April 29, 8:30am-2:15pm. Charlevoix High School, 5200 Marion Center Rd.. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

EAST JORDAN FIDDLERS JAMBOREE

April 30. East Jordan Civic Center. Registration at 11:30am, Jamboree Noon-5pm, Dance 7-10pm. Everyone is welcome. Musicians and callers please register at front desk and will perform in order of sign in. Instruments must be non-electrified. No admission fee, donation box at door.

BOYNE CITY FARMERS MARKET

The Boyne City Winter Farmers Market is being held at the Red Barn on Saturday's from 9am-12:30pm through April.



CHARLEVOIX COUNTY COMMISSION ON AGING

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

218 W. GARFIELD ST., CHARLEVOIX, MI 49720

Phone: (231) 237-0103, Toll Free: (866) 428-5185 Fax: (231) 237-0105

Office Hours: Monday - Friday 8:30am to 4:30pm

COA BOARD

- Shirley Gillespie, Director
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 - Nancy Ferguson, Board Liaison
 - Jean Kinsley, Janet F. Shepherd
 - Jerry Kelts, Joni Olach and Cathy Kessler
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- Shirley Gillespie, Director
 - Theresa Graham, Receptionist
 - Sally Nye, Database
 - Tracey Rupinski, Clinical Manager
 - Debbie Peck, Food Service Manager

LOCAL SENIOR CENTER CONTACT INFORMATION

- Beaver Island Center:**
Ann Partridge
26215 Main St, BI, 49782
231-448-2022
- Boyne Area Senior Center:**
Terri Powers
411 E. Division, PO Box 964
Boyne City, MI 49712
Phone: 231-582-6682

- Charlevoix Senior Center:**
Nona Jadwin
06906 Norwood Road
Charlevoix, MI 49720
Phone 231-547-5361

- East Jordan Senior Center**
Brenda Skop
951 Mill Street
East Jordan, MI 49727,
Phone: 231-536-7831

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- Emergency Communication Devices
- Home Delivered Meals
- Homemaker Services
- In-Home Respite
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- Medicare D Counseling
- Medication Management
- Personal Care Assistance
- Project Lifesaver
- Senior Hi-Lites Newsletter
- Tax Assistance
- Volunteer Opportunities

WEBSITE ADDRESS:
www.charlevoixcounty.org/coa.asp

Managing Your Medicines

Keeping track of your medicines is very important.

Making sure that they are stored properly, that they have not expired when you take them, and that prescriptions are refilled requires time and attention.

Also, taking many different medications at the same time is difficult. It can be hard to remember what each drug is for, when you should take it, and how you should take it. This is especially true for people with memory problems.

However, there are simple strategies you can use to help you manage your medicines wisely.

Simple Strategies

•Keep a checklist of all the prescription and over-the-counter medications you take. For each medicine, mark the amount you take, the time of day you take it, and

whether it should be taken with food. Store two copies of the list: one on the refrigerator door or where your medications are stored, and one in your wallet or purse.

•Review your medicine record at every visit to the doctor and whenever your doctor prescribes new medicine. Your doctor may have new information about your medicines that might be important to you. Whenever possible, have your health care provider write down advice and instructions for taking each medication. Keep this information handy.

•Ask your pharmacist to provide your medicine in large, easy-to open containers with large-print labels. Keep medicines in their original containers, and never put more than one kind of medicine in the same container. Consider using multi-day dispensers that organize your medicines by the day and time that you should take them.

•To determine how a medication should be stored, ask your doctor or pharmacist and/or read the label. Some medications must be stored in the refrigerator. Your bathroom medicine cabinet is not a good place to store most medications due to the moist, warm conditions that can cause drugs to break down more quickly.

•Don't stop taking a prescription drug unless your doctor says it's okay -- even if you are feeling better.

•Get prescriptions refilled early enough so you won't run out of medicines. Running out could cause problems with your medicine schedule. Check expiration dates frequently and discard any medicines that are out-of-date.

•Keep all medicines out of the sight and reach of children and away from pets. If children do visit your house, be extra cautious and have the phone number of the nearest poison control center handy.

BOYNE AREA SENIOR CENTER ACTIVITIES

Wednesday, April 6 10:30am Wii Bowl Practice Various Card Games	Thursday, April 7 9-10am Food Distribution 10am "Basic" Spanish 11am Arthritis Exercise Pgm Wii Bowling	Friday, April 8 11am Backwoods Maestros Raffle Rummikub	Monday, April 11 Foot Clinic (by Appt) 10:30am Line Dancing Pretty-Bag Bingo - Gift Certificate Prize Rummikub	Tuesday, April 12 Cheboygan @ BASC for Wii Bowling & Lunch Mexican Train	Wednesday, April 13 10:30am Wii Bowl Practice 11am-2pm CVX Vet Affairs John Hess Various Card Games
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CHARLEVOIX SENIOR CENTER ACTIVITIES

Wednesday, April 6 12:45pm Bingo	Thursday, April 7 11am Chair Yoga Class 11:30am Roger Hartson Music Dessert by American House 1pm Wii Bowling Practice 1pm Mahjong	Friday, April 8 BIRTHDAY DAY! 9:30am Craft Class 11:30am Adolph Cwik Music 1pm Rummy	Monday, April 11 1pm Bridge 1pm Woodcarving 7pm Bible Study	Tuesday, April 12 9am-1pm Tax Assistance 11am Chair Yoga Class 1pm Paint Class	Wednesday, April 13 12:45pm Bingo
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EAST JORDAN SENIOR CENTER ACTIVITIES

Wednesday, April 6 GAME DAY! Pool Table / Ping Pong 10:30am Crafts 1pm Cards	Thursday, April 7 10:30am Chair Exercise 11am KARAOKE DAY! 1pm Paint Class	Friday, April 8 11am John and Ray Bingo/Raffle 50/50	Monday, April 11 Exercise Room 8am-1pm Walking M-F 10:30am Chair Exercise	Tuesday, April 12 10am E.J. Story Time 12:30pm Pres by Andrew Brown, Collette Travel 12:30pm Bingo - Meal Ticket Prize	Wednesday, April 13 GAME DAY! Pool Table / Ping Pong 10:30am Crafts 1pm Cards
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CHARLEVOIX COUNTY SENIOR CENTER MENU

Wednesday, April 6 MACARONI & CHEESE	Thursday, April 7 CHICKEN & RICE CASSEROLE	Friday, April 8 COD ALMONDINE	Monday, April 11 MEXICAN CHEESE SCRAMBLE	Tuesday, April 12 PIZZA CASSEROLE	Wednesday, April 13 PORCUPINE MEATBALLS
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**NON-MEAT CHOICES AVAILABLE FRIDAYS DURING LENT

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MDOT lifts more spring weight restrictions

Effective at 9 a.m. Monday, April 4, weight restrictions will be lifted from the southern Michigan border north to and including US-2 from Iron Mountain to St. Ignace. Frost restrictions are still in effect for the remainder of the state and will be imposed and enforced on all state trunkline highways north of US-2. State routes typically carry M, I, or US designations.

In the restricted areas, the following will apply:

- On routes designated as "all-season routes" (designated in green and gold on the MDOT Truck Operators Map), there will be no reduction in legal axle weights.
- On routes designated as "seasonal" (designated in solid or dashed red on the MDOT Truck Operators Map), there will be a posted weight reduction of 25 percent for rigid pavements and 35 percent for flexible pavements.

All extended permits will be valid for oversize loads in the weight-restricted area on the restricted routes. Single-trip permits will not be issued for any overweight loads or loads exceeding 14 feet in width, 11 axles and 150 feet in overall length on the restricted routes.

For weight restriction information and updates, call 800-787-8960, or you can access this information on MDOT's website at www.michigan.gov/truckers, under "Restrictions." All-season routes are designated in green and gold on the MDOT Truck Operators Map, which is available online. You also may sign up to receive e-mail alerts.

City approves multiple bids

By Tina Sundelius

CHARLEVOIX - A public hearing was set and multiple bids were awarded at the April 4 Charlevoix City Commission meeting.

A public hearing to discuss a draft ordinance establishing Earl Young buildings as a historical district was set for the April 18 city commission meeting. Buildings on Park Avenue, Clinton and Grant Streets are to be included in the district.

Six city service bids were approved. "These are services the city requires that are bid out bi-annually," said DPW Superintendent Pat Elliott. An agreement with American Waste for refuse removal of city owned dumpsters, an agreement with Petoskey based Willcome Tree Services for trimming large trees that cannot be done by city employees, an agreement with Holiday Service Station for the purchase of

fuel for the city fleet at a discount of 7.5 cents per gallon, an agreement with Arrow Uniforms to supply city employee uniforms, and an agreement with Up North Services to keep city restrooms clean this summer were all approved.

Council also approved a request to waive fees amounting to \$280 for the use of 8-24x24 garden spots at the city's plot garden located just north of Harbor Industries to grow food for the Charlevoix Food Pantry. "I think what you want to do is very good," said Mayor Gabe Campbell.

A bid to replace the roof on the Chamber of Commerce building for \$26,200 was approved. The bid includes the removal of the old chimney.

A bid for a tree stock inventory and appraisal at the Lake Michigan Beach Park and the McSaubia Recreational Area was approved. The proposal from site Planning

will help the city plan for future planting, trimming and cutting to ensure the areas remain well wooded and healthy.

All of the Charlevoix City Councilpersons have been invited to share their thoughts about each meeting and the issues discussed. Any who submit a comment will be printed without editing after each biweekly meeting.

Councilman Aaron Hagen--Our Council Meeting on Monday, April 4th, was constructive and positive. Many Certificates of Appreciation were presented to past members of various City boards and committees. I thank all of the time and effort these individuals gave to Charlevoix. Annual areas of City business and operations were presented and moved forward with. Thank you to all of our City staff for your attention in these areas which included refuse collection

and restroom cleaning, among others. Lastly, I was excited to see we brought up addressing and bringing current City Council's Rules and Procedures, adopted 20 years ago. Positive Charlevoix!

Councilman Luther Kurtz--April 4th was a positive council meeting with certificates of appreciation to many community leaders and volunteers. We also discussed possible guidelines for how we utilize the miscellaneous business portion of the meeting. I support the development of these guidelines. Some people took my support for this as a criticism of the council's recent vote regarding the conservation easement. That is not the case. I applaud Aaron Hagen, Bill Supernaw, and Shane Cole's positive approach to protecting our valued parks and their decision to wait until we have more information before we take any action regarding the parks. Positive Charlevoix!

Mackinac Island State Park receives Governor's Award

An archaeological project believed to be the longest ongoing effort of its kind in the nation has earned state recognition. Gov. Rick Snyder and Michigan State Housing Development Authority Executive Director Kevin Elsenheimer today announced six recipients of the 2016 Governor's Awards for Historic Preservation. Among the winners is the Mackinac Island State Park Commission for archaeological investigations that began in 1959 at Fort Michilimackinac.

"Each year we recognize the contributions of people who devote time, energy and money into preserving Michigan's historic structures and archaeological sites," Snyder said. "These sites are irreplaceable and are important to maintaining a sense of place and our authentic Michigan identity."

One of Michigan's premier tourist attractions, the research at

Michilimackinac is conducted in full view of the public, and visitors have the opportunity to interact with the archaeologists.

"This is a wonderful and much-deserved honor for the Mackinac Island State Park Commission and its dedicated, hardworking staff," said State Sen. Wayne Schmidt (R-Traverse City). "Mackinac Island and Fort Michilimackinac are essential to the Pure Michigan experience, and the commission works to protect and preserve them for all to enjoy. I appreciate Governor Snyder's and MSHDA's recognition by giving the commission this award."

Since the scientific investigation began 57 years ago, 15 buildings have been reconstructed and more than one million artifacts have been recovered, identified and cataloged. The fort celebrated its 300th anniversary in 2015 and for decades has been a national model for re-

search and interpretation at sites of its type.

"The Mackinac Island State Park Commission plays an integral part in preserving Mackinac Island's rich history for future generations to connect with and observe," said State Rep. Lee Chaffield (R-Levering). "These historic preservation efforts are of utmost importance to Mackinac Island and the entire state of Michigan."

The State Historic Preservation Office (SHPO) at MSHDA initiated the Governor's Awards in 2003 to recognize outstanding historic preservation achievements that reflect a commitment to the preservation of Michigan's unique character and the many archaeological sites and historic structures that document Michigan's past. Previous recipient projects include rehabilitations of the Old Rugged Cross Church in Pokagon Town-

ship, the Richter Brewery in Escanaba, the General Motors Technical Center in Warren and the archaeological investigations at Fort St. Joseph in Niles.

"We recognize partnerships, innovation, creativity and excellence with these awards," said Elsenheimer. "Good historic preservation projects reflect a desire to connect the past with the future, they involve collaboration, and we are pleased to recognize 26 different organizations this year."

The awards will be presented at a public ceremony in the Michigan State Capitol Rotunda in May, which is National Historic Preservation Month. To learn about previous Governor's Award recipients go to michigan.gov/shpo, click on Special Projects and Governor's Awards.

HIDDEN TREASURES

Antiques, Art, Consignment and New at The Brickery in Grayling

By Jim Akans

Shoppers in downtown Grayling will find two floors of treasures embracing a wide array of fascinating items at The Brickery. Established by Linda Nickert in June of 2007, items offered throughout the approximately 1,000 square feet of retail space in this historic building cover just about any interest or gift idea.

Nickert states, "We offer many items made by local crafters, Michigan-made products, lots of antiques, art, and more. We have new products and consignment items, gift

items, scarves, hats and gloves, and we are beginning to offer salvage products so people can make their own crafts. Customers can spend an hour in our store and still not see it all."

The stately brick building that is now home to The Brickery was originally the International Order of Odd Fellows building, constructed in 1908. The downstairs held a theater that would put on plays for loggers and for Camp Grayling. The building has gone through many incarnations over the years, but shoppers at The Brickery can still see the original tin ceiling and hardwood floors.

Nickert recalls that the idea

for her shop's name came from her daughter; "We were trying to think of a name. Since there are so many bricks both inside and out; the walls are three bricks thick, my daughter suggested calling it The Brickery."

It's the perfect name, reflecting solidity and tradition; an apt representation of the enduring quality of the wide variety of items offered at The Brickery. The store, located at 107 Ottawa in downtown Grayling, is open Monday through Friday from 10am-5:30pm, Saturday 10am-5pm, and Sunday from 11 am to 3 pm. Visit www.thebrickery.com or call 989-348-8999 for additional information.

Boyer Falls Public Schools STUDENT OF THE WEEK Damen Murphy



Grade: 4
Parent's Name(s): Jennifer & Curtis
What do you want to be when you grow up? I want to be a video game designer.
Hobbies and Interests: Swimming, biking, video gaming.
School Activities: Damen loves math and is an awesome reader.
Staff Comments: "Damen is a wonderful fourth grade student who loves to learn. He offers to help without being asked, and is a quiet helper and positive role model to his little kindergarten buddy." — Ms. Wind

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Furniture Donations Needed Now

All proceeds go to purchasing food for our food pantry

Open Thursday, Friday 10-4, Saturday 10-2
231-588-2208

TUESDAY – Spin the wheel for a Deal!!!!
 WEDNESDAY – 50% off all Clothing
 THURSDAY – 10% off anyone 55 or older & all military
 FRIDAY – Buy 1 get 1 free on selected item of the day
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Hidden Treasures

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

<p>CHARLEVOIX Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org</p> <p>Kelly's Antiques & Furniture Barn 06176 Old US 31 S., Charlevoix 231-547-0133 www.dkellyantiques.com</p> <p>Goodwill Retail and Donation Center 402 Petoskey Avenue Charlevoix 231- 437-6176</p>	<p>CHEBOYGAN Goodwill Retail and Donation Center 982 S Main St., Cheboygan 231-445-9300</p> <p>EAST JORDAN Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday</p> <p>ELLSWORTH Good Samaritan Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org</p>	<p>ELLSWORTH Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org</p> <p>FREDERIC Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300</p> <p>GAYLORD A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500</p> <p>Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org</p>	<p>GAYLORD Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357</p> <p>Homespun Antiques & Crafts 230 West Main Downtown Gaylord 989-731-4305 Mon – Sat 10-5, Sun Noon - 4</p> <p>GRAYLING The-Brickery.com Two floors of treasures 107 Ottawa, Grayling, One block north of the light 989-348-8999</p>	<p>HARBOR SPRINGS New Beginnings Thrift Shop 650 W Conway Rd., Harbor Springs 231-348-2980</p> <p>MIO Strawberry Patch Resale & Consignment Store Downtown Mio, Mio MI (989)826-1503 Open Mon – Sat 10 am to 5 pm</p> <p>PETOSKEY Goodwill Retail and Donation Center 1600 Anderson Rd., Petoskey 231-348-6947 www.goodwillnmi.org</p>
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News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BOYNE CITY POLICE DEPT.

MONDAY, MARCH 14, 2016

0800 Report of a missing a fishing vest over the weekend

0800 Report of possible phone scam from the 800 block of S Park St
1154 Report of MDOP in the 1000 block of Boyne Av
1200 Report of attempted scam phot.
1753 Gasoline drive off from

the 200 block of S Lake St.

TUESDAY, MARCH 15, 2016

0035 Report of MDOP in the 1200 block of Boyne Av. Unfounded.
0833 Assist EMS on Pleasant Av.

0900 Report of lost cell phone at Avalanche
1034 Report of lost key
1748 Report of possible Internet and cable hacking in the 500 block of E Main St.
1844 Assist citizen in the 400 block of State St

2021 Disturbance reported in the 100 block of E Water St

WEDNESDAY, MARCH 16, 2016

0636 Report of a tree blocking Pleasant near Ann.
0945 Assist subject in the

100 block of River St
1130 Retail fraud in the 400 block of N Lake St
1450 Threats complaint in the 1000 block of Boyne Av
1449 Parking complaint in the 100 block of E Water St.
1549 Larceny complaint on W Main St
1710 Assist with eviction in the 300 block of E Division St.
2136 Driving complaint on N East St.
2256 Alarm in the Industrial Park.

THURSDAY, MARCH 17, 2016

0041 Report of a suspicious vehicle on Division St.
0905 Report of property left on porch on Jefferson St overnight
1010 Report of additional MDOP to gazebo
1140 Arrested subject on FOC warrant in the 400 block of N Lake St
1153 Arrested subject for domestic assault in the 800 block of Boyne Av
1316 Report of lines down on Vogel St. Cable line has been cut and moved out of the road.
1317 Report of damage done to vehicle in the Industrial Park.
1531 2 vehicle property damage accident in the 400 block of N Lake St

FRIDAY, MARCH 18, 2016

0629 Suspicious situation in the 1200 block of Marshall Rd.
0815 Natural death in the 100 block of S Park St
1212 Parking complaint in the 100 block of E Water St
1432 Assist EMS in the 900 block of Brockway
1553 MDOP to vehicle in the 400 block of N Lake St
1635 Request for welfare check in the 200 block of State St
1843 Driving complaint in the 200 block of State St.
2318 Report of disturbance in the 200 block of State St.

SATURDAY, MARCH 19, 2016

0049 Disturbance on W Main St.
0307 Arrested subject for OWI in the 200 block of State St.
0745 Parking complaint reported in the 400 block of Groveland.
1135 Vehicle unlock in the 500 block of N East St
1203 Citation issued for Speed at Front and Pleasant
1224 Citation issued for Speed at N. Lake and Groveland.
1232 False alarm in the 400 block of N Lake St.
1940 Property damage accident at Park and Collings.

SUNDAY, MARCH 20, 2016

0255 Assisted Sheriff Dept on 131.
1029 Assist FD with fire alarm in the 800 block of S Park St
1420 B&E in the 100 block of W Michigan. Someone kicked in the back door and ransacked the place.
1552 Report of lost keys at lake and Vogel. Were later located.
1718 Assisted EMS with a fall victim in the 500 block of N Lake St.

ONE VEHICLE ROLLOVER ACCIDENT ON US31 S.

On Sunday, April 3, 2016 at approximately 11:15 a.m., Charlevoix County Sheriff's Deputies, Charlevoix EMS, and the Banks Township Fire Department responded to a one vehicle rollover accident on US 31 S. near Norwood Road in Norwood Township. Michael Lavigne, age 27 from Traverse City, was driving a 2008 Dodge Pickup traveling Southbound when he lost control on icy roads and rolled the vehicle.

Lavigne was treated on-scene for minor injuries. This accident is still under investigation.

ONE VEHICLE ROLLOVER ACCIDENT ON US31 S

On Sunday, April 3, 2016 at approximately 5:30 p.m., the Charlevoix County Sheriff's Office and the City of Charlevoix EMS responded to a one vehicle rollover accident on US 31 S. in Norwood Township.

Stacy Sangsland, age 33 of Charlevoix, was Northbound in her 2005 Subaru when she lost control on icy roads and rolled her vehicle. She was transported to Munson Healthcare Charlevoix Hospital where she was treated for her injuries.

This accident is still under investigation.

FERRY

CONTINUED FROM PG. 1A

der, ferry boat operator, has traveled 15,000 miles and was never farther than 1,000 feet from his home!"

Starting April 15 and through mid-November, the Ironton Ferry will run daily from 6:30am until 10:30pm. Cost is \$3.25 per car and 50 cents per person without a vehicle or bicycle and \$1 per person with a bicycle. A book of 20 tickets can be purchased for \$50 at the ferry dock or at the Charlevoix County Treasurer's Office.

Welcome to Kindergarten Registration for the 2016-17 School Year!

School districts throughout Charlevoix, Emmet and northern Antrim counties are excited to welcome new students and their families next year!

We offer:

- Teachers who truly care about every child
- Safe, welcoming environments where parent involvement is encouraged and appreciated
- Curriculum and technology geared toward achieving student success

<p>Alanson April 20, 5:30-6:30 p.m. Parent meeting, student orientation and tours 548.2261 ext. 1 for information alansonvikings.net</p>	<p>Boyne City April 27, 9-11a.m. and 1-3 p.m. April 28, 9-11 a.m. and 1-3 p.m. April 29, 9-11 a.m. Parent meeting, student orientation and tours 439.8300 to schedule an appointment boyne.k12.mi.us</p>	<p>Boyne Falls April 20, 6-7 p.m. Parent meeting, student orientation and tours 549.2211 ext. 200 for more information boynefalls.org</p>	
<p>Central Lake April 20, 6:30-7:30 p.m. Parent meeting/open house Registration April 27 12:30-7:30 p.m. 544.5221 ext. 300 to schedule an appointment clps.k12.mi.us</p>	<p>Charlevoix April 15 and 22, 8:30-9:30 a.m., 10-11 a.m., 12:45-1:45 p.m. Parent meeting, student orientation and tours 547.3215 to schedule an appointment rayder.net</p>	<p>East Jordan Parent meeting/open house April 21, 6 - 6:45 p.m. Registration by appointment April 27, 9 a.m.-4 p.m., and April 28, 3:30 - 7:30 p.m. 536.7564 to schedule an appointment ejps.org</p>	
<p>Ellsworth April 14, 3:00 - 7:00 p.m Parent meeting, student orientation and tours 588.2544 for information; no appointment necessary ellsworth.k12.mi.us</p>	<p>Harbor Springs Blackbird Enrollment packets can be picked up at the office anytime after April 12. Home visits and Gear Up Day scheduled at later date. Call 526-4600 for information harborps.org</p>	<p>Pellston April 26, 12-1 p.m., 2-3 p.m., 4-5 p.m. and 6-7 p.m. Parent meeting and student orientation 539.8421 ext. 220 to schedule an appointment pellstonschools.org</p>	
<p>Petoskey Central April 26, 4 p.m. and 6:30 p.m. Parent meeting, student orientation and tours 348.2110. Assigned times will be mailed 3/31/16. petoskeyschools.org</p>	<p>Petoskey Lincoln April 21, 4 p.m. and 6:30 p.m. Parent meeting, student orientation and tours 348.2120. Assigned times will be mailed 3/31/16. petoskeyschools.org</p>	<p>Petoskey Ottawa April 21, 4 p.m. and 6:30 p.m. Parent meeting, student orientation and tours 348.2130. Assigned times will be mailed 3/31/16. petoskeyschools.org</p>	<p>Petoskey Sheridan April 26, 4 p.m. and 6:30 p.m. Parent meeting, student orientation and tours 348.2140. Assigned times will be mailed 3/31/16. petoskeyschools.org</p>

Please bring proof of residency and your child's birth certificate, immunization record and custody documentation, if applicable.

Parents should also be aware that for the 2016-2017 school year, a child who resides in a public district providing kindergarten may enroll if the child is at least 5 years of age on September 1, 2016. For children who will be 5 by December 1, 2016, parents may enroll their child through written notification by contacting the school district by June 1.

Questions? Please contact your local school district. We look forward to seeing you at registration!



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News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Autism Awareness Month effort showcases employment

Adults with autism face a challenge almost no other population faces – a 90 percent unemployment rate – higher than rates for individuals with other developmental disabilities. Having a job is a crucial first step toward improved quality of life, social inclusion, friendships and independence.

Throughout the month of April – proclaimed as Autism Awareness month – the Autism Alliance of Michigan (AAoM) is showcasing its work promoting the benefits adults with autism can bring employers, while increasing economic opportunities for this population.

"This month's heightened focus on Autism gives us a platform to further advance critical programs, including those focused on employment, with community leaders – business, civic and providers," said Colleen

Allen, president and CEO of the Autism Alliance of Michigan. "This work not only impacts the lives of individuals with autism who will be able to lead independent lives, but also teaches us how to be a more open and accepting society."

To date, more than 2/3 of adult related concerns directed to the AAoM's MiNavigator service relate to challenges securing employment. MiNavigator, created to provide Michigan families affected by autism with professional case management services, has served over 750 families to date, 600 in 2015 alone in its inaugural year.

"Individuals with autism have the potential to contribute significant skills and talents to the workforce, but often they are not given the same opportunities many of us take for granted," said Dave Meador, vice chair-

man and chief administrative officer, DTE Energy. "With the right support structure – at home and in the workplace – impacted individuals can contribute significantly to the workforce and lead full, meaningful lives. We're focused on creating these opportunities for impacted individuals throughout Michigan and giving them the opportunity to maximize their potential."

DTE Energy is a long-time advocate for families and individuals impacted by autism, as is Lt. Gov. Brian Calley. As Lieutenant Governor, Calley has worked to increase access to autism services and promote inclusion in schools and communities for people with developmental differences.

"Autism Awareness Month is a time to remember how far we've come in recent years in improving

access to autism services in Michigan," Calley said. "The Autism Alliance of Michigan provides great support to families trying to understand what resources are available to them. This month and all year round, let's celebrate the potential of Michiganders with autism and help them achieve their potential to live self-determined independent lives."

Both Calley and Meador have daughters on the autism spectrum and are tireless champions for high expectations and full inclusion. Their work spans early childhood diagnosis and access to therapies, to revamping special education in Michigan, safety initiatives, employment and housing.

For more information about AAoM visit www.autismalliance-ofmichigan.org or call 248.436.5606.

Veterans Appreciation Day event planned for May 11

A Veterans Appreciation Day event will be held on Wednesday, May 11, featuring an open house which will include a display of military uniforms, rifles, equipment, pictures, maps and much more. These items will be explained and demonstrated by Boyne City American Legion Post 228 members to the guests through a hands-on learning experience. Also expected at the event will be several more military vehicles on display, as an added interest this year, as well as representatives from all levels of law enforcement and all branches of the military who will answer any questions.

Since the inception of this program in 1999, over 10,000 students have taken

advantage of this opportunity to learn the truth about the freedoms we all enjoy, the fact that freedom isn't free, the price of that freedom and who paid that price for us all. As the students leave the Post, each receives a flag from the grave of a veteran who paid that price.

The American Legion Auxiliary will provide refreshments and scheduling will be handled by the Veterans Appreciation Day Chairman, Gerald E. Evans, who may be contacted by phone at (231) 588-6067 or E-mail at ejpe@netzero.com

The American Legion encourages all schools to participate in this unique experience that your students and faculty will never forget.

Appliance Recycling Program puts money back in customers' pockets

DTE Energy electric customers can save money by participating in its Appliance Recycling Program. The program provides free pick-ups of old, working refrigerators and freezers, which are recycled at no cost. Customers receive a \$50 rebate for each appliance. By removing inefficient units, customers can start saving up to \$150 a year on energy bills.

"Since the program launched in 2009, over 181,000 refrigerators and freezers have been recycled, saving customers more than \$28 million on energy bills," said Knox Cameron, DTE's Appliance Recycling Program manager.

"The removal of these old, inefficient appliances is an easy way to save energy, help the environment and lower energy bills."

To qualify for DTE's Appliance Recycling Program, refrigerators and freezers must:

- Range from 10 to 32 cubic feet in capacity
- Be at least 10 years old
- Be operational and empty at the time of pick-up

DTE Energy will pay an additional \$20 each for old room air conditioners or dehumidifiers, when picked-up at the same time as the refrigerators and freezers.

To administer the program, DTE has partnered with SEEL, Solutions for Energy Efficient Logistics, to handle program

pick-ups; and Goodwill's Green Works (GGW) will recycle the inefficient appliances. Located in Detroit, GGW will support recycling of collected appliances, safely dismantling and recycling the appliances in an environmentally responsible manner and keep them out of landfills.

GGW carries out Goodwill's mission of servicing those facing employment challenges through vital job training, education, and placement programs. DTE and Goodwill have a long history of working together with a mutual mission of sustaining Michigan resources and jobs.

"For more than 70 years, Goodwill has recovered and recycled materials for DTE Energy," Cameron added. "This newest partnership will create over 35 jobs."

For more information on the program, DTE electric customers can visit dteenergy.com/recycle. To schedule a free pickup, call 866.796.0512. Online enrollment and scheduling of appointments will be available beginning Thursday, April 21, 2016 at dteenergy.com/recycle. In addition, DTE offers a variety of energy efficiency programs to help customers manage their energy use and save at dteenergy.com/saveenergy.

Michigan's overall infant mortality rate is down

The Michigan Department of Health and Human Services (MDHHS) today announced the recent release of the 2016-2019 Michigan Infant Mortality Reduction Plan. The Plan provides a roadmap for Michigan to continue improvements in ensuring infants thrive through their first year of life.

"Creating an environment for healthy babies – an environment in which more babies thrive and celebrate their first birthday – is a goal of public health here in Michigan and across the country," said Susan Moran, Deputy Director of the Population Health and Community Services Ad-

ministration within MDHHS. "The Michigan Infant Mortality Reduction Plan provides important guidance for policy and health leaders in the state to ensure we keep Michigan moving in the right direction."

The 2016-2019 Michigan Infant Mortality Reduction Plan not only includes goals but also outlines the efforts and progress made during the 2012-2015 Infant Mortality Reduction Plan. This updated guidance was developed under the leadership of MDHHS, and was worked on collaboratively with many state representatives of health care, hospitals, local health

departments, universities, professional organizations and associations, as well as business and community leaders.

According to the 2014 estimate, the state rate is currently down to 6.75 infant deaths per 1,000 live births, nearing the Healthy People 2020 goal of six infant deaths per 1,000 live births. However, numbers indicate persistent and troubling racial disparities. In 2013, five out of every 1,000 Caucasian babies and 10 out of every 1,000 Hispanic babies died before their first birthday. Among African American population that rate is 13 out of every 1,000 babies born died before reaching

the age of one.

Building on the eight goals of the 2012-2015 Infant Mortality Reduction Plan, the 2016-2019 state plan outlines nine goals aimed at ensuring more Michigan babies survive and thrive through their first year of life. The new plan continues and strengthens efforts to address the social, emotional and environmental factors that affect health and health equity.

For more information about the efforts to reduce infant mortality in Michigan, or to read the 2016-2019 Michigan Infant Mortality Reduction Plan visit www.michigan.gov/infantmortality.

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



TAKING YOUR JOB TO HEART

In season five of "The Office," Dwight Schrute (Rainn Wilson) stages what he hopes will be a more compelling fire drill by setting the office on fire. This causes easygoing paper salesman Stanley Hudson (Leslie David Baker) to have a heart attack.

That may seem like a far-fetched (and felonious) example of workplace-related heart attacks, but your work can be hard on your heart. Researchers from U.S. Public Health Service recently presented data at the American Heart Association's Epidemiology/Lifestyle 2016 meeting, revealing:

--79 percent of food preparation/serving employees had a poor-quality diet (ironic!).

--90 percent of protective service workers (police, e.g.)

were overweight or obese; 77 percent had undertreated or untreated elevated total cholesterol; and 35 percent had undertreated or untreated high blood pressure.

--69 percent of salespeople, including office and administrative-support employees, had undertreated or untreated elevated total cholesterol.

--82 percent of office workers didn't get minimum levels of physical activity.

Where and how you spend 40-plus hours a week has a huge influence on your health. So here are 5 ways to dodge the heart hazards of your workplace:

1. Eliminate red meats, processed meats and egg yolks; eat healthy proteins (skinless chicken, beans, fish) and nine servings of fruits and veggies daily.
2. Stand up every 30 min-

utes, and walk 10,000 steps daily.

3. Meditate 10 minutes daily.

4. Get 7-8 hours of sleep nightly.

5. Ask your employer to invest in employee health programs (insurance cost reductions for healthy numbers; better vending options; rebates for gym membership, etc.).

TREATMENT BREAKTHROUGH: DEPRESSION IS A WHOLE BODY DISORDER

When Milwaukee Bucks center Larry Sanders walked away from a \$44 million contract (with a substantial buy-out) in 2015, he knew it was time to face -- and get treatment for -- his chronic depression. This superathlete found that his depression was making his mind AND body increasingly less court-ready. He told reporters: "I'm trying to get to the root of a lot of issues ... Without getting them corrected, I don't think basketball is something I could do."

Well, for the first time research confirms what Sanders felt instinctively: Depression in more than a mental disorder. It raises body-wide levels of oxidative stress, and that affects all

systems and organs. Writing in the Journal of Clinical Psychiatry, researchers from the University of Granada suggest that this may explain why folks who suffer from depression are at increased risk for cardiovascular disease and cancer, and die at an earlier age than folks without depression.

Clearly, this discovery changes how depression should be treated. Talk therapy and antidepressants do help reduce symptoms and, according to the research, restore body levels of anti-inflammatory substances such as zinc and uric acid, and reduce markers of oxidative stress. But you need to treat the body, not just the mind. That means adopting an anti-inflammatory lifestyle: At least 30 minutes (we like 60) of aerobic exercise five days a week, plus eliminating inflammation-boosting trans and sat fats, processed grains and added sugars and syrups from your diet. That full-court press may just stop depression from benching you!

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<p>MASSAGE THERAPY</p> <p>Self Heal Massage/ Body Work/Energy Medicine Cathy Brink NCM/AMTA, Reiki Master/Teacher 1029 Gornick Ave., Alpine Suite #103 989-619-6282</p> <p>NUTRITION & SUPPLEMENTS</p> <p>Four Star Nutrition 604 W. Main, Gaylord 989-448-8618 www.fourstarnutrition.net</p> <p>PHARMACY</p> <p>Central Drug Store 301 Bridge St. Charlevoix 231-547-242 www.central-drug.com</p> <p>PHYSICAL THERAPY</p> <p>Boyne Rehabilitation Center 197 State St, Boyne City 231-582-6365</p>	<p>SENIOR ASSISTANCE</p> <p>Otsego County COA 120 Grandview Blvd., Gaylord 989-732-1122 www.otsego-county-coa.org</p> <p>Crawford County COA 308 Lawndale St., Grayling 989-348-8342 www.crawfordcoa.org</p> <p>Seniors Helping Seniors 221 E. Felshaw St., Gaylord 989-448-8323 www.seniorshelpingseniors.com/northernmichigan</p> <p>Charlevoix County COA 218 West Garfield St., Charlevoix 231-237-0103 www.charlevoixcounty.org/coa.asp</p> <p style="text-align: center;">TO ADD YOUR BUSINESS OR SERVICE LISTING CALL 989-732-8160</p>		

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